



June Newsletter



From Kerri's Kitchen 😊

Exciting news!!

We have made some significant changes to our late snack for the children, replacing fresh fruit with assorted baked vegetables such as zucchini, carrot, sweet potato, pumpkin and potato with skin. We will offer this three afternoons out of five, and the other two afternoons will be wholemeal/wholegrain crackers.

The next step for us is to discuss and plan a morning tea menu which will then be offered as a combined buffet style with breakfast between the times of 7.30am-9.30am. We would love some suggestions of morning tea items from our family that are easily prepared, healthy and nutritious. These menu changes, along with reviews of our current policy as discussed at the last parent information evening, will be made in conjunction with the Munch and Move team to ensure we are meeting all recommended dietary guidelines for the children.

Next step on the way to making changes....the lunches! Stay tuned! 😊

DIRECTORS CORNER

Hello families,

Here we are at the halfway mark for 2018! What an amazing 6 months it has been for us at Rose Cottage. We have been working on many changes to improve the quality of our centre, thank you to all of our families for the valuable suggestions, input and your support as always.

One of our greatest achievements last month was holding our Little Rockers Red Nose Disco to raise funds and awareness surrounding SIDS and helping to support these families. Many of us as mothers and early childhood educators can understand and empathise what this could only be like to lose a child, and the generosity of our families shone through – we raised \$521.76!!!!!! A huge thank you to all of those who donated as our goal was only \$200, what a wonderful effort! Our aim is to focus on many other fundraising efforts that are close to our hearts and the children we work with (see the last page of the newsletter!).

I hope everyone is feeling more settled now that the transition to CCS is finalised and we have survived through the first payment process. Don't forget there are many links to websites for detailed information for you if you are still unsure but I am always here to answer any questions for you to the best of my ability.

Parent teacher interviews: Tuesday 10th and Wednesday 11th July

NAIDOC Week: Sunday 8th – 15th July

Teddy Bears Picnic: Tuesday 10th July

Pyjama Day: Friday 20th July

Transition to School Evening: Thursday 26th July

National Tree Day: Friday 27th July

International Friendship Day: Monday 30th July

Educator's annual leave:

Mel – July – August 27th



Echidnas Room



It's been a busy month in the Echidna's room, where we have been exploring lots of different sensory experiences such as goop, playdough and pasta. We have been learning about the primary colours through songs, books and spontaneous group times. It is lovely to see the children becoming such enthusiastic learners and becoming familiar with colour recognition.

This month we have continued exploring the Aboriginal culture with visits from Walangari where we have been learning about different dream time stories, native animals and engaging in lots of dance and movement. Speaking of dance and movement, Sophie has been doing yoga with the children which has been really popular, this helps with balance, coordination, breath work and focus.

During July we have been landscaping in the garden with our little green thumbs, we have been renovating the secret garden by collecting stones and adding it to the bottom of the trees, the children have also been very curious with the crunchy autumn leaves as we finish our first month of winter. ☺

Wombats Room

During the month of June the Wombats focused on colours and shapes through a range of different games and activities at group time and set out in the room. A great way for children to learn is through games and play. The wombats played a musical shape game, went on treasure hunts looking for a particular coloured eggs and also engaged in play dough play with a range of different coloured doughs and scents such as lemon, peppermint, tea tree and grapefruit making this experience a multi-sensory exploration activity. We also used colour and shape matching activities and flash cards to help improve the children's knowledge of colours and shapes as well as shape puzzles, coloured sorting bears and books focusing on colours and shapes. Walangari returned this month and some of the children were very keen to see him again. Walangari educates the children on Aboriginal history and traditions through dance, dream time stories, face paint, musical instruments and Aboriginal symbols.



Kangaroos Room

The last month we have been focusing on our insect topic which has been very popular. Each day the children were coming in and asking what insect we were learning about. It was so good to see such a great interest in this topic. The children were busy trying to find insects outside. Some insects we found were dead but some were alive and we wanted to look after them. The ants we have on our discovery table are surviving well in the container.

This month has also seen us improving on our writing skills and literacy and numeracy concepts. The children have been practicing a lot with writing their name and different words on the white board. Over the past few weeks we have seen noticeable progression in the children's writing capabilities. Well done everyone. The children seem to enjoy taking part in news time. The children are building confidence talking in front of their friends and the children are beginning to understand the difference between questions and answers.



<u>July Events</u>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2.	3.	4.	5.	6.	7.
8. NAIDOC WEEK begins	9.	10. Parent teacher interviews Teddy Bears Picnic	11. Parent teacher interviews	12. Parent Payment Fee Day	13.	14.
15.	16.	17.	18.	19.	20. Pyjama Day	21.
22.	23.	24.	25.	26. Parent Payment Fee Day Transition to School Evening	27. National Tree Day	28.
29.	30. International Friendship Day	31.				

Rough-and-tumble play: What is it and why do children love it?

This is a favourite game for most children who love "play" fighting or the general rough-and-tumble play. This type of play allows the children to test their physical and social skills and take some safe risks that they can find as a challenge. These few facts and pieces of information will be able to help parents, and children, see the difference between aggressive "real" fighting compared to the rough-and-tumble pretend play.

Rough Play: What it looks like and the benefits for children

Rough-and-tumble play consists of climbing over one another, "play" fighting, wrestling, chasing, spinning, rolling around or challenging each other's physical skills. Children mostly love this kind of play as it is fun and at the same time allows them to further develop skills needed such as:

- Establish working social relationships and personal boundaries through role playing and turn taking
 - Understanding each of their limits of strength
 - Spatial awareness and locomotive movements
- Having a clear idea of what other children will or will not let them do; enabling them to have a strong voice and be their own decision makers and build on communication skills
- Supports learning of skills such as cooperation, resolving conflicts on their own and regulating their own behaviours.

Concerns of "real" fighting

A lot of parents worry that their children are being involved in fighting that can harm one another, or being too aggressive with each other. The truth is that you can really see the difference between the two, and close educator supervision and interaction can keep rough-and-tumble play fun and engaging rather than aggressive and out of control.

During rough-and-tumble play, the children are showing signs of enjoyment such as laughing, smiling and pleased looks on their faces. Once they are done with this type of play they continue playing together happily.

If educators see any signs of real fighting such as anger, crying or loud voices we re-direct the play appropriately. We like to involve the children in decision making and rules about what is okay during rough-and-tumble play and what is not. As long as educators understand the value of this type of play, they can effectively manage and oversee this with the children but also share information with families who might be unsure of this aspect of play.

SOME FRIENDLY REMINDERS

Transition to School Evening

The date for this is Thursday 26th July and will be held from 6.15pm – 7.30pm. Our aim during this information evening is to share our educational program and curriculum with the families from the preschool room, offer an opportunity to connect with local school principals and answer any questions families may have in relation to the transition to school and how we foster this. Please let us know if you can join us, an e mail will be sent closer to the date.

Late Collection Policy

We understand that families are sometimes running late and this may be unavoidable due to traffic, an incident etc. But please be reminded that our policy states a late collection fee is charged if you collect your children after 6pm. The fee is \$5 per minute and we charge this to your account debited with fees. Many of our educators travel by public transport and even 15 minutes for them after 6pm is a hassle to get home. I hope families can appreciate how strict we need to be when enforcing this policy.

“Our task, regarding creativity, is to help children climb their own mountains, as high as possible. No one can do more.”

Loris Malaguzzi



In September, Rose Cottage will be taking part in “September”.

This charity event is run by Cerebral Palsy Alliance to raise important funds for people living with Cerebral Palsy across Australia. It challenges people to take 10,000 steps a day for 28 days – what better way to promote physical activity than to support this great cause held close to our hearts here at Rose Cottage! Below is the link to read some more information, and stay tuned over the next month or two with our team taking part in this inspiring event to be able to help provide much-needed services, support, and care for so many kids and adults living with cerebral palsy and their families.

<https://www.september.org.au/>

OUR TEAM



Tara

Director



Mel

Echidnas Room



Sophie

Echidna's Room



Hannah

Echidna's Room



Candice

Wombats Room



Nabeela

Wombats Room



Stephanie

Wombats Room



Roisin

Kangaroos Room



Teasha

Kangaroos Room



Joslin

Float Educator



Kerry

Cook

Our Casual Educators:

**Diana
Rachel**